







## DIVERSITY ADULT DAYCARE CENTER

*"A place where your loved ones can call home"*

### What is Adult Day Care:

We understand that being a fulltime caregiver is a difficult job. When an elderly loved one needs additional care or supervision during the morning or day, it can create stress for the caregivers of the family. Many families think they have no choice but to quit their jobs or to admit their loved ones into a nursing home or assisted living facility. Diversity Adult Daycare Center (DADC) provides a safe supervised community where elderly adults can socialize, enjoy activities and get assistance with personal care. This will allow the caregivers of the family to have peace of mind when they have an appointment, work obligations or simply to enjoy some personal time.

### Benefits of Adult Day Care for Elderly Adults:

Attending Adult Day Care has many positive benefits for elderly adults. Your loved ones do not have to be at home feeling lonely with no mental stimulation, when the caretakers are occupied. Being in an Adult Day Care creates a feeling of being in a community, where they can have fun and stay healthy with many activities. Your loved ones will look forward to having their independence and meeting their friends. Having friendships that you see every day promotes feelings of self-worth and camaraderie.

#### Services we offer at DADC:

- Nutritious meals and snacks
- Group fitness classes
- Education classes
- Group field trips and outings
- Fun daily entertainment and activities
- Assistance with personal care
- Salon service
- Transportation
- Monthly birthday parties
- Medical staff
- Gardening

#### Who is an ideal candidate for Adult Day Care:

- 55 years and older
- Southeast Asians & Hispanic (we are handicap accessible)

#### Forms of payment that we accept:

- We accept private pay
- All major insurances accepted

433 Elmwood Ave. Providence, RI 02907

P: 401-427-1337 | F: 401-369-7818

[www.diversityadc.com](http://www.diversityadc.com) | [diversityadc@gmail.com](mailto:diversityadc@gmail.com)

### Se Habla Español

We speak English, Spanish, Khmer, Lao, Hmong, Portuguese, Russian and Tagalog.  
Come and schedule a free tour of our facility. We will provide free assessment and application assistance.  
All major insurances and private pay accepted. Medicaid pays for adult day care, there is no cost to you.

# កម្មវិធីជំនួយផ្លូវបែងចំសុខភាពលាមដ្ឋែង



កម្មវិធី Group Adult Foster Care (GAFC) គឺជាដំណោះស្រាយល្អ បំផុតសំរាប់ថាស់។ នើរយើងដែលមានបញ្ញាណរៀនផ្លូវកសិទ្ធភាព បុគ្គលិក ឬយិនិចច័ន្តថាករបញ្ជីលំនៅជាន់ខ្ពស់ បុមិនិចច័ន្តរំបកពិត្រមត្តិសារដែលបានរស់នៅជាមួយយុទ្ធសាស្ត្ររមកហើយ។ យើងអាចជួយអាយុជីវិតលោកអ្នកការពេលវេលាដែលបានបង្កើតឡើង តាមរយៈការដំឡើងរំលែករំលែកដែលមួយដល់ជួរដែលអ្នកតែម្នៀង។



ដើម្បីអាចទិញបញ្ហាបញ្ជីនឹងទេនៅលើកម្មវិធីនេះ តើមួយតើម្នាក់ដូចខាងក្រោម៖

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- មាសវិកិលស្ថិតិជាតិ

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- រៀបចំសេវាបញ្ជីគ្រប់គ្រង់បញ្ហាបញ្ហាប់
- សមាជិកអាបទាក់ទែមកែប្រែម៉ោង

**To be eligible for GAFC you must:**

- live in subsidized or public housing
- age 22 years and older
- eligible for Masshealth Standard

**Benefits you will get:**

- personal care service in your home,
- Medication Management
- an individual care plan developed by a registered nurse and case manager
- ongoing monitoring of needs
- 24-hour access to services

## ត្រួតការង្រៀនឈោះបុគ្គលិកដៃគីក PCA/ HHA needed for Lowell, Lynn, Revere, and Boston

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To register, please contact:

Tel: (978)735-4955, Fax: (978) 735-4956

Office: 144 Merrimack St., Suite 404. Lowell, MA 01852

# Lowell Student Police Academy will begin on May 8, 2019

The Lowell Student Police Academy is a summer leadership program run by the Lowell Police Department's School Resource Officers. It is a free program open to incoming 5th through 8th graders who attend Lowell Schools. The program runs for 3 weeks during summer vacation from 8:00 a.m. to 2:00 p.m.

Registration will take place between 5:00p.m. and 8:00p.m. in the Lowell High School Cafeteria on May 8, 2019. Please bring completed applications to the registration booth on May 8th. If you have any questions about the registration, application, or the Lowell Student Police Academy, please call 978-937-8943.

**Session 1: Incoming 7th and 8th Grade Students**

Program Span: June 24, 2019 to July 12, 2019

(No Camp July 3rd, 4th, and 5th)

Location: Lowell High School

Time: 8:00a.m. to 2:00p.m.

**Session 2: Incoming 5th and 6th Grade Students**

Program Span: July 22, 2019 to August 9, 2019

Location: Lowell High School

Time: 8:00a.m. to 2:00p.m.

The Student Police Academy will teach student officers a wide variety of

3-week program: CPR and first aid, bullying prevention, gang awareness and prevention, avoiding peer pressure, Internet safety, and the dangers of drugs and alcohol (including prescription drugs). Academy activities and homework assignments are de-

ship skills. The Academy also includes physical training and health classes, stressing the importance of an active lifestyle and nutritious diet in maintaining health. School Resource Officers and Youth Counselors (most of whom are high school students who graduated the Student Police Academy themselves) will act as positive role models and mentors for Student Officers.



useful and important skills in a police academy style atmosphere. The following topics are covered during the

signed to help Student Officers develop self esteem and self confidence, work within a team, and build leader-

In the last 15 years, over 3,200 students have graduated from the Lowell Student Police Academy. These students have carried the confidence, discipline, and leadership skills they learned in the Academy over to their academic and extracurricular pursuits. They also feel more equipped to deal with peer pressure and bullying and are more comfortable interacting with authority figures such as police officers and teachers.

For more information, visit <http://lowellma.gov/233/Student-Police-Academy>



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## **TWELVE CAMBODIAN LEADERS ARE TO BE RECOGNIZED AT LOWELL 100 CELEBRATION**

*Lowell 100 Celebration/From Front Page*

people in Lowell, Boston, and Manchester, NH. The organization's century of service will be celebrated in the city where it all began. As part of the centennial celebration, IINE invited the greater Lowell community to help identify 100 of the most admirable leaders from Lowell's immigrant community who have made achievements in their fields, as well as locally-born Lowellians who have supported immigrants and immigrant issues.

The Honoree List represents 35 different countries, many generations,

has ever been made to honor 100 Lowellians in this fashion," Dr. Robert Forrant said. He is a professor in the History department at the University of Massachusetts Lowell, and a local history expert helping IINE delve into its own archives and others to present a topical examination of the legacy of immigration in Lowell.

"In such an inclusive way, to review the city's history and come up with an honor roll of 100 immigrants and refugees who have helped to vitalize the city is a big undertaking," he



Dahvy Tran



Kowith & Niem Kret



Sovanna Pouv

and dozens of industry sectors.

Twelve Cambodian Americans are to be recognized with their fellow honorees during the Lowell 100 Celebration including some non-profit leaders, entrepreneur, faith leader, as well as individuals who made contribution to community services. Their names are as followed in alphabetically order: Ani Vong, Owner of Humanity Boutique; Dahvy Tran Pech, Executive Director of the Angkor Dance Troupe, Kowith Kret & Niem Naykret, Michael Ben Ho, Venerable Sao Khon Dhammathero, Sovanna Pouv, Executive Director of Cambodian Mutual Association, Tem Chea; Tim Chan Thou, founder of Angkor Dance Troupe; Tooch Van, Vanna Howard, former Regional Director for Congresswoman Niki Tsongas and Yary Livan, Cambodian Traditional Ceramicist.

"To my knowledge, no attempt



Touch Van

said. "But one worthy of the impact the honorees will have made on the city."

A group of women from Lowell and the surrounding area founded the International Institute of New England (IINE) in 1918. They banded together in response to rising nationalism in the USA following WWI. Originally, IINE welcomed refugees who arrived by boat and helped them with housing, employment, and language training. Today, much of that same work continues, but with a modern slant on services. IINE staff greet new arrivals at the airport, secure their housing with local landlords, and set them on a fast-paced 90 day route to self-sufficiency. Immigrants who are not refugees participate in IINE's English for Speakers of Other Languages (ESOL) classes, job-training programs, and legal services.

IINE contributed to this report.



### ការយោន៍យោ មេដារី ចំណាស ស្ថាបិយោណុស

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The KhmerPost USA is a free biweekly Cambodian newspaper and serves the Greater Merrimack Valley, Boston, and Rhode Island. It prints mostly in Khmer and provides important news and information to the people who often are isolated from the larger community due to a language barrier. This includes not only national and international news but practical local information concerning health, education, politics, businesses and community involvement. It publishes twice a month from Lowell, Massachusetts.

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## NOTICE OF PUBLIC MEETING

The Northern Middlesex Metropolitan Planning Organization (NMMPO) will meet on April 24, 2019, 2:00 PM, at the Northern Middlesex Council of Governments office, 40 Church Street, Suite 200, Lowell, MA. The NMMPO will take action on several items including releasing the draft FFY 2020-2024 Transportation Improvement Program for a 21-day public comment period. The full agenda is available at [www.nmcog.org](http://www.nmcog.org). The NMMPO's public participation process satisfies the LRTA's public participation requirements for the program of projects.

**Notice:** This location is accessible to people with disabilities and is near public transportation. NMCOG offers secure bicycle parking on the second floor. The NMMPO provides reasonable accommodations and/or language assistance, free of charge, upon request (including, but not limited to, interpreters in American Sign Language and languages other than English, open or closed captioning for videos, assistive listening devices and alternate material formats), as available. For assistance, please contact Justin Howard at (978) 454-8021, ext 121 or at [jhoward@nmcog.org](mailto:jhoward@nmcog.org). Requests should be made as soon as possible for services requiring advanced arrangements, including sign-language, CART or language translation or interpretation.

## សេចក្តីផ្តល់នូវការអភិវឌ្ឍន៍ រួមចំការដឹងទូទាត់សាធារណៈ

អង្គភាពរៀបចំប្រជាជាតិ និស៊ុន មិនុលសិច ហេតុកាត់ NMMPO និងរៀបចំកិច្ចប្រជុំដោ សាធារណៈមួយ នៅថ្ងៃទី២៤ ខែមេសា ឆ្នាំ២០១៩ នៅការិយាល័យ ក្រុមប្រឹក្សាកិច្ច និស៊ុន មិនុលសិច ដែលមាន ទីតាំងស្តីពីផ្លូវ ៤០ Church Street, Suite 200, Lowell, MA ១ តួអង្គភាពនេះ អង្គភាព NMMPO និងធ្វើការពិភាក្សារារាយការងារជាប្រើប្រាស់ រូមមានការរាយការដៃព្រឹត្តិការណ៍ទូទាត់ (TIP) FFY ឆ្នាំ២០២០-២០២៤ សម្រាប់ការចូលរួមសំខែង មាតិជាសាធារណៈរយៈពេលពាណិជ្ជកម្ម ។ ឯកសារការចូលរាយការណ៍ទូទាត់មានពីរប្រចាំខែ ទាំងពីរ ដោយត្រួតព័ត៌មានទៅការអេបសាយ [www.nmcog.org](http://www.nmcog.org) នេះ ។ ដើម្បីរាយការចូលរួមជាសាធារណៈរបស់អង្គភាពរៀបចំប្រជាជាតិ និងរៀបចំកិច្ចប្រជុំនេះ គឺវារូបចេញនឹងការស្នើសុំការងារសំខែង របស់អង្គភាពរៀបចំប្រជាជាតិ និងរៀបចំកិច្ចប្រជុំនេះ ។

**កំណត់ចំណាំ:** ទីតាំងនៃការរៀបចំកិច្ចប្រជុំនេះ នាយករដ្ឋមន្ត្រីសម្រាប់ឱ្យធនធានពិភាក្សាបញ្ចូល និងនៅដើម្បីណែនាំការងារបញ្ចូល ។ អង្គភាព NMMPO មានទីតាំងសុវត្ថិភាពសម្រាប់ចំណាត់កង ដែលស្ថិតនៅជាន់ទី២ ។ សម្រាប់ជួនប្រជាជាតិ NMMPO ក៏ដែលដែងដែរទូវការស្នាក់ទៅនឹងសមរម្យនិងវិជ្ជាការ ដោយមិនគិតថ្មី ប្រសិនបើមានការស្នើសុំ ។ មានដូចជាអ្នកបករំប្រជាការាសង្គម និងការងារទេរ៉ាត ហករំប្រជាការងារទេរ៉ាត វិញ្ញាប់តាមរយៈវិជ្ជាកម្មប្រជាការ អ្នកពិភាក្សាក និងចិត្ត ។ ប្រកាសដែលបានរៀបចំសម្រាប់អ្នកការងារ និងចិត្ត និងដីពិភាក្សាក ព្រមទាំងការរំបៀកដឹងទិន្នន័យរៀបចំការងារទេរ៉ាត តាមដែលមាន ។ សម្រាប់ការចូលរួមរបស់ណោកអ្នក និងជួនបំនួម សូមទាំងកំទែងលោក ចាសសិន ហុវិង (Justin Howard) តាមរយៈលេខទូរសព្ទ (៩៧៨-៤៥៤-៨០២១) ឬអត ១២១ វិអីមេលទៅការនៃ jhoward@nmcog.org ។ ការងារស្នើសុំរាយការណ៍ ដូចជាការការិយាល័យ ការបករំប្រជាមួយ វិការបករំប្រភាគ សូមទាំងកំទែងមេដែលបានរៀបចំឡើង ដើម្បីងារការងារទេរ៉ាត ដែលអាចធ្វើឡើង ។

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It was founded in 2007 by Soben Pin and partner Roger Pin. In 2010, they relocated the newspaper to Lowell to meet the demand for readership.

With an annual readership of 600,000, it is the only premier voice for the Cambodian-American community across the New England region.

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