

National Health Survey Is Now in Middlesex County, MA

The nation's most comprehensive study on the health and nutritional status of people living in the United States is now in **Middlesex County, Massachusetts.** From **June 9, 2023** through **August 21, 2023** approximately **935** randomly selected area residents will have the opportunity to participate in the National Health and Nutrition Examination Survey (NHANES) when representatives of the National Center for Health Statistics, part of the Centers for Disease Control and Prevention visit their homes.

The data collected in NHANES will help determine the number of people in the United States who have a range of health conditions, including heart disease, diabetes and other conditions.

Public health officials, lawmakers, and physicians use this information to develop sound public health policies, direct and design health programs and services, and expand health knowledge for the nation. The information from the survey will also help you learn more about your health. Please participate if you are contacted. Thank you.



Centers for Disease Control and Prevention National Center for Health Statistics

